

Hashimoto's Go To Hell

(And Grave's Disease too)

Webinar Jam Session Outline

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What you will learn today:

- How you can **reverse** Hashimotos & Graves Disease and tell them to go to Hell.
- What Hashimotos & Graves actually are.
- How to **optimize** your thyroid function & get rid of your symptoms.

DR.T's 4 Step Plan:

1. **Modulate (reduce) the immune response**

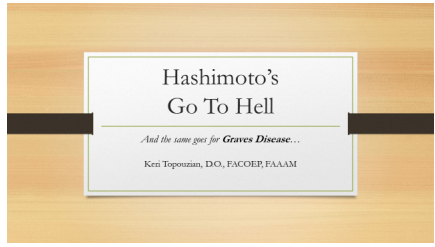
2. **Heal leaky Gut**

3. Decrease Inflammation

4. Support your thyroid gland

Why Decreasing Inflammation is Important

Why Fixing Immune Function is Important



Supplements Outline DR.T's 4 Step Plan

1. **Colostrum-LD:** One tablespoon with Aloe twice per day. askdrt.weebly.com
2. **Pure Aloe Force:** One tablespoon with Colostrum-LD twice per day. askdrt.weebly.com
3. **Kaprex AI:** One three times per day. ktopouzian.metagenics.com
4. **Ultraflora Spectrum:** One per day. ktopouzian.metagenics.com
5. **UltrainflamX Plus 360:** Two Scoops per day (several flavors available).
ktopouzian.metagenics.com

For Graves Disease: Add **MitoVive:** 1 scoop + water twice per day.
ktopouzian.metagenics.com





Q&A Notes

Email Questions during the Webinar Jam Session to: askdrt@gmail.com