



## **Supplements to Order DR.T's 4 Step Plan**

*Supplements can be purchased from the two webstores listed after each product.  
Discounts for Webinar participants are 15-30% off depending on the product.*

1. **Colostrum-LD: One tablespoon with Aloe twice per day.** [askdrt.weebly.com](http://askdrt.weebly.com)
2. **Pure Aloe Force: One tablespoon with Colostrum-LD twice per day.** [askdrt.weebly.com](http://askdrt.weebly.com)
3. **Kaprex AI: One three times per day.** [ktopouzian.metagenics.com](http://ktopouzian.metagenics.com)
4. **Ultraflora Spectrum: One per day.** [ktopouzian.metagenics.com](http://ktopouzian.metagenics.com)
5. **UltrainflamX Plus 360: Two Scoops per day (several flavors available).**  
[ktopouzian.metagenics.com](http://ktopouzian.metagenics.com)

**For Graves Disease: Add MitoVive: 1 scoop + water twice per day.**  
[ktopouzian.metagenics.com](http://ktopouzian.metagenics.com)